

# Technical instructions

## Registration

At the EuroGames Bern 2023 Track and Field event, both licensed and non-licensed athletes are allowed to participate in all disciplines and categories. EuroGames athletes registered through the EuroGames website until July 5th. For licensed athletes, registration was done through Swiss Athletics until July 23rd. On-site registration is not possible.

Registration for the Swedish relay must be submitted to the competition director up to 1 hour before the start of the Swedish relay event. In addition to EuroGames and Swiss Athletics athletes, participants registered for the 5KM and 10KM runs on Friday are also eligible to participate in the Swedish relay.

Only athletes registered through EuroGames, with the exception of the Swedish relay, are eligible for medals. All participants in the Swedish relay are eligible for medals, including athletes registered through Swiss Athletics.

## Entry List / Checking

All athletes must confirm their participation by marking a cross on the entry list located on the notice board behind the registration desk no later than 1 hour before the start of their respective event. For track races, the heats will be organized, and the lanes will be drawn after this. Failure to mark attendance will result in exclusion from the competition (event).

## Equipment Check

Participants can bring their own equipment, which must be inspected at the weight check area in the equipment room (next to the 100m start) no later than 1 hour before the competition begins.

## Call-up

Please report to the competition area at the following times:

- Sprints / Races: 15 minutes before the start
- High Jump, Triple Jump, Long Jump, Shot Put, Discus Throw, Javelin Throw: 15 minutes before the beginning of the event.

### **Verein EuroGames Bern**

Blumensteinstrasse 2, 3012 Bern  
[www.eurogames2023.ch](http://www.eurogames2023.ch)

**Bankverbindung:** Valiant Bank

**IBAN:** CH87 0630 0506 2349 3455 8

### **Stay in the infield**

Accompanying individuals, coaches, or other club officials are not allowed to accompany the athletes in the infield during the competition. Failure to comply with this regulation may result in the disqualification of the athletes.

### **Withdrawal during the competition**

An athlete may leave the facility briefly during the competition with the permission of the referee. Running events always take precedence over field events.

### **Award Ceremony/Medals**

The award ceremonies will take place on the field after each event, if the competition schedule permits.

### **Insurance / Theft**

Participants are responsible for their own insurance; the organizer assumes no liability.

### **Bib Numbers**

Bib numbers must be clearly visible and worn on the chest without folding. Failure to comply with this rule may result in the disqualification of the athletes.

### **Number of Attempts**

- All categories: A total of 4 attempts allowed.

### **Event-specific Instructions / Increment Heights**

- Races: Heats will be arranged based on best times. EuroGames athletes without best times will start in mixed heats (MASTERS, MAN, WOMAN, NONBINARY).
- High Jump: The increment height is 5 cm, reduced to 3 cm with the unanimous agreement of 3 remaining athletes. If only one athlete remains, the increment height should be at least 2 cm. (see also IWR 184.4).

### **Travel / Parking**

Paid parking is available directly at the regional sports facility. Please use public transportation. Tram 9 to "Wankdorf Platz".

### **Changing Rooms**

Changing rooms are located in the Wankdorf sports hall right next to the track.

### **Press / Photographers**

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The press and photographers are allowed on the competition grounds. However, they must be authorized at the registration desk. EuroGames photographers are already authorized and will be wearing a badge.

### **Medical Services**

Medical services are available in the area of the sports hall, track, and Allmend: 079 714 00 30

### **Protests**

Protests must be directed promptly to the on-site referees.

### **Publication**

It is expected that photography will take place during the event. Additionally, the results will be posted on the event site and published on the internet. Participants explicitly agreed during registration that photos and results will be published publicly (internet, newspapers, etc.).

### **Final Schedule**

The final schedule will be published on July 24th at [www.eurogames2023.ch/track-and-field](http://www.eurogames2023.ch/track-and-field)